

I'M SAFE![®]



Are you at risk from Distracted Driving?

Take this simple quiz and find out.

While driving do you . . .

Check all that apply.

- think you can safely look away for more than one second?
- eat, drink, shave, or engage in other personal activities?
- text or talk on your cell phone?
- answer your cell phone without stopping in a safe place?
- adjust your seat, mirrors, climate controls, GPS, radio or CD player?
- listen to anything that requires ear buds in your ears?
- feel fatigued or drowsy?
- try to deal with children or pets without stopping?

If you checked even one box, you are at risk. Nearly 80% of all crashes and 65% of all near-crashes involved driver inattention during the last 3 seconds before the incident.*

** from a 2005 study sponsored by NHTSA, VDOT, VTRC and VT.*

INTERESTED IN DISTRACTED DRIVING EDUCATION?

For innovative and compelling Distracted Driving educational materials, call 1-877-669-7233, ext. 205. From banners and bookmarks to car wraps and posters, we can help make your Distracted Driving campaign a success.



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